

Triplet Diddles Workout

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GFpercussion.com

A

♩ = 60-180

12/8

R L R L R L R L R L R L R R L R L L R L R R L R L L R L
L R L etc L L R L R R L etc

3

R L R L R L R L R L R L R R L L R L L R R L R R L L R L L R R L
L R L etc L L R R L R R L L R etc

5

R L R L R L R L R L R L R R L L R R L L R R L L R R L L R R L L
L R L etc L L R R L L etc

7

B

R L R L R L R L R L R L R L L R L L R R L L R R L L R R L L R R L L
L R L etc L L R R L L etc

9

R L R L R L R L R L R L R L R L L R R L L R R L L R R L L R R L L

11

R L R L R L R L R L R L R L R R L L R R L L R R L L R R L L R R L L

C

13

R L R L R L R L R L R L R L R L R R L L R R L L R R L L R R L L R R L L

15

R L R L R L R L R L R L R L R R L R R L L R L L R R L R R L L R L L

17

R L R L R L R L R L R L R L R R L L R R L L R R L L R R L L R R L L